



Youville Centre is a not-for-profit, community health centre located on Treaty One territory, in the heart of the Metis Nation, in Winnipeg, MB.

Youville sites provide a place where individuals and families can work on their health and wellbeing with health and social service professionals. Youville focuses on the strengths and gifts, as well as the needs of the community, striving for the most person-centered, effective and caring delivery of its services and programs.

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**Registered Dietitian - Full-Time (1.0) EFT – Permanent**  
**Compensation Rate: \$33.21 - \$41.39 per hour**

A professional, independent practitioner, fully accountable and responsible for their own dietetic practice, working within a multi-disciplinary team.

Provides a continuum of dietetic supports with an emphasis on working with the populations Youville has prioritized.

Provides up to date group education on evidence based best nutrition practices coupled with adult and child learning principles (trauma informed, person led and centered versus didactic)

The Dietitian must uphold and adhere to the standards and ethics of the College of Dietitians of Manitoba.

The Dietitian reports directly to the Program Manager and the general administrative direction of the Executive Director and is accountable to the communities we serve.

**KEY RESPONSIBILITIES:**

**Education/Capacity Building:**

- Assesses community member's specific educational needs as it relates to nutrition, using a holistic, person-centered, social justice approach
- Uses established principles of teaching, self-management education, adult learning theory and interviewing to help community members identify meaningful goals and build capacity to effectively meet their nutrition goals.
- Provides person-centered, culturally safe, evidence-based education and promotes self-efficacy to community members related to: healthy eating habits to prevent and treat illness through supervision of food preparation and service, dietary modifications/plans and analysis, nutritional requirements as well as general information related to the needs of the person receiving services.
- Ongoing evaluation of community member progress, goals, health outcomes in addition to the quality and outcomes of education and capacity approaches utilized.

**Clinical Dietetics:**

- Design, implement and evaluate preventive and/or therapeutic nutrition programs to improve or maintain the health of community members.
- Provide nutrition and dietetic support with past experience working with folks living with chronic diseases, youth, and folks who may struggle with their relationship with food
- Provide dietetic assessment, monitoring and education to support community members in managing their conditions, preventing complications and improving their well-being
- Provide safe, critical, competent, ethical, compassionate, and evidence-informed dietetic care across the lifespan in response to community needs.
- Integrate knowledge, skills, judgment and professional values from dietetics and other diverse sources into their practice.
- Practice from person-centered, harm reduction, social justice and Trauma informed/healing centered approaches.

- Applies evidence-based and innovative knowledge of nutrition to diabetes pathophysiology to direct diabetes education, self-management and/or care and improve well-being of community members.
- Provides clinical consultation to others on the healthcare team.
- Maintain and applies advanced technical/clinical knowledge and skills related to diabetes educator practice and scope.
- Ensure ongoing critical reflection in practice including the role of power, privilege and oppression in healthcare.
- Provide effective management of care (comprehensive and systematic assessment, critical thinking, problem solving and clinical reasoning in decision-making).
- Maintains registration with regulatory body.

#### **Advocacy:**

- Support community members who may be unable to advocate for themselves.
- Advocate for the use of Indigenous health knowledge and healing practices in collaboration with Indigenous healers and Elders consistent with the Calls to Action of the Truth and Reconciliation Commission of Canada.

#### **Qualifications:**

- Completion of a bachelor degree in foods and nutrition from an accredited university program
- Minimum 3 years' experience in community health organization and working with individuals with chronic health conditions.
- Recent experience in Diabetes Education an asset
- Knowledge of Adult Learning and Behaviour Change Principles
- Ability to perform practice based research an asset

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#### **Additional Requirements:**

- Criminal record check required
- Child abuse registry check required
- A valid driver's license
- Fluency in both French and English preferred
- Availability to work evening hours as required (12-8pm) with a minimum of once per week

Interested candidates for this position should submit their resume via email before **March 12, 2024** to:  
Human Resources at **Youville Centre**, [admin@youville.ca](mailto:admin@youville.ca)

*Youville is committed to employment equity and eliminating barriers to employment for people who are underrepresented in Canada's workforce including Indigenous peoples, people with disabilities, members of groups that commonly experience discrimination due to race, ancestry, colour, religion and/or spiritual beliefs, or place of origin; persons who identify as women and persons of marginalized sexual orientations, gender identities, and gender expressions. In pursuit of our values, we seek team members who will work respectfully and constructively with differences and across levels of power.*

*We thank you for your interest. Only those candidates selected for interview will be contacted.*